

Still Playing Bridge and Bingo? Here's a Little Secret ...Facebook!

Join the real fun! Join [facebook.com](https://www.facebook.com)

Did you know that at 1448% year-on-year growth, seniors are the fastest growing users of Facebook? It's not a little secret after all! Wondering why? Studies show that social networking sites such as Facebook can help keep your brain active, and fight off memory loss. Social network interaction also helps ward off social isolation and depression. It's time to get *poked* folks! Join facebook now. **It is easy and Free!**

Why Over 1.5 Million US Seniors Use Facebook & Why You Should Too

- Re-connect with your children & friends
- Show off your grandchildren's photos
- Spy on your high school crush
- Join contests for seniors
- Find long lost friends



Watch!

Facebook Videos at:

bit.ly/facebookseiors

newglaucoma
Treatments

Facebook Guide for Seniors

Step 1

Go to facebook.com

Step 2

Enter your name, email address, desired password, gender and date of birth.

Step 3

Check your email and click the confirmation link from facebook.

Learn More!

Visit: on.fb.me/facebookhelptopics
bit.ly/facebookseiors

Start Here

The image shows a screenshot of a Facebook profile page for Sophia Steward. The page layout includes a navigation bar at the top with 'facebook', a search bar, and links for 'Home', 'Profile', and 'Find Friends'. Below the navigation bar is a header area with 'Your Photo' and a search bar containing the text 'You may want to find your long lost friends'. The profile picture of Sophia Steward is shown on the left. To the right of the profile picture is a 'Message' button. Below the profile picture is a section titled 'Your photos appear up here' with a row of four photo thumbnails. Below the photos is a row of icons for 'Post', 'Photo', 'Link', and 'Video'. Below this is a section titled 'Share interesting tidbits & photos. They will appear on your friend's wall.' Below this is a section for 'David Richardson' with a small profile picture and a text post: 'A recent study in the British Journal of Ophthalmology failed to show any advantage of eyelid closure with the commonly prescribed prostaglandin class of glaucoma therapy. <http://goo.gl/TV7UQ>'. Below the post is a section titled 'Here you can see updates & comments made by your facebook friends.' On the right side of the page, there is a large image of a man in a white lab coat, David Richardson, with an orange banner overlaid that says 'Join me on facebook on.fb.me/davidrichardson'. In the bottom right corner, there is a logo for 'newglaucoma Treatments'.

facebook Home Profile Find Friends

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Sophia Steward

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Message

Poke or send a message to a friend

Post Photo Link Video

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David Richardson

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